

MINISTERING THE HEALING LOVE OF JESUS

FIRST PHASE — MINISTERING TO THE SUFFERING PETER

1. Listen to a reading or other enactment of Peter's denial. Put yourself in his place "in his skin." As you listen — feel with him — suffer with him.
2. Become the friend who must now minister to the suffering Peter.
3. Write your words of healing and comfort in the form of a letter — "Dear Peter"*
4. Form groups of four. Sit very close to each other in a huddle.
5. Read your letter. One person begins. The other three listen with the ears of Peter. After each letter has been read, each of the three listeners shares what effect the healing words had. Then the next person reads and the process continues.

*The reverse side can be used for writing the letter to Peter.

SECOND PHASE — MINISTERING TO THE HURTS AND BURDENS OF EACH OTHER

1. One member of group tells the others of a particular hurt, guilt, burden, or suffering which is presently being carried or endured. (Laying one's burden down.)
2. Other three members listen with the ears of Jesus.
3. Each of the listeners responds in a loving way: with a word, a tear, a glance, a touch, a prayer. Respond in a healing manner as you feel Jesus would do. (No advice should be given.)
4. Each person shares burden in turn and the healing process continues.
5. Exercise concludes with shared prayer.

* Special attention should be given to lighting level and group spacing.

Because of the sensitive and personal nature of this exercise, participants should preserve the confidentiality of what is shared in trust.

Dear Peter,