

# GROWING IN CHRISTIAN AWARENESS OR HOW DO I LIVE BY GOSPEL VALUES?

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## CAN BE USED AS:

- a personal inventory for one's own private reflection and prayer.
- a one-on-one experience.
- a small group sharing.
- an examination before a celebration of reconciliation.

## THE BEATITUDES

### Self Evaluation

- 1 — weak,  
 2 — weak but growing,  
 3 — needs attention,  
 4 — have really grown.

### *HAPPY ARE THOSE WHO KNOW THEY ARE SPIRITUALLY POOR.*

Have you come to the place where you can admit to others that you don't have all the answers?	1	2	3	4
Can you admit that you have needs?	1	2	3	4
Can you admit that you need the Lord and others?	1	2	3	4
Are you able to let others know where you are "spiritually poor"?	1	2	3	4
Can you admit mistakes without blaming others?	1	2	3	4
Can you genuinely rejoice when others receive what you would like?	1	2	3	4

### *HAPPY ARE THOSE WHO MOURN.*

Are you able to show your emotions?	1	2	3	4
Are you able to express your feelings?	1	2	3	4
Can you cry without embarrassment?	1	2	3	4
Are you able to feel deeply your own and others needs?	1	2	3	4
Do you "release" others to show their emotions?	1	2	3	4

### *HAPPY ARE THE MEEK.*

Can you enable other people to come forth because of your gentle spirit?	1	2	3	4
Are you able to lead from weakness?	1	2	3	4
Are you able to affirm others' strengths?	1	2	3	4
Are those less confident than you comfortable in your presence?	1	2	3	4
Are you a supportive listener?	1	2	3	4

### *HAPPY ARE THOSE WHOSE GREATEST DESIRE IS TO DO WHAT GOD REQUIRES.*

Are you as excited about the Lord's leading your daily decisions as you should be?	1	2	3	4
Are you really a prayerful person?	1	2	3	4
In the significant decisions of your life, does the Lord have the last word?	1	2	3	4
Do you desire to listen to the Lord in scripture?	1	2	3	4
Do you really put people above things?	1	2	3	4
Can you love your neighbor as yourself?	1	2	3	4
Do you have a hunger for eucharist?	1	2	3	4

***HAPPY ARE THOSE WHO SHOW MERCY TO OTHERS.***

Are you a caring kind of person?	1	2	3	4
Are you sensitive to others' needs?	1	2	3	4
Can you give of yourself without thought of return?	1	2	3	4
Are you a grace giver — like Christ?	1	2	3	4
Do you have a shoulder others can really cry on?	1	2	3	4
Do the needs of others come before your own?	1	2	3	4

***HAPPY ARE THE PURE IN HEART.***

Are you always free to be yourself?	1	2	3	4
Are you the same person in the parish that you are elsewhere?	1	2	3	4
Do you like yourself?	1	2	3	4
Are you free of self-pity?	1	2	3	4
Are you open?	1	2	3	4
Are you honest with yourself and others?	1	2	3	4
Are you willing to let others know you deeply?	1	2	3	4
Is your love of God obvious to those around you?	1	2	3	4

***HAPPY ARE THOSE WHO WORK FOR PEACE AMONG MEN.***

Are you able to reconcile differences without destroying their uniqueness?	1	2	3	4
Is your own manner disarming?	1	2	3	4
Do you bridge differences?	1	2	3	4
Can you accept genuinely and sincerely those who do not agree with you?	1	2	3	4
Can you ask others for forgiveness?	1	2	3	4
Can you forgive others?	1	2	3	4

***HAPPY ARE THOSE WHO SUFFER PERSECUTION BECAUSE THEY DO WHAT GOD REQUIRES.***

Can you share about the Lord with the "unrenewed?"	1	2	3	4
Are you able to take criticism from those nearest to you without reacting defensively?	1	2	3	4
How about from your children?	1	2	3	4
Can you freely admit your love for the Lord?	1	2	3	4
Are you able to stand up for the values of the Gospel?	1	2	3	4
Are you able to "take the heat" for being a visible Christian at home, on the job, in the parish?	1	2	3	4
Can you pray for your enemies?	1	2	3	4