# PRAYER TO THE HOLY SPIRIT

COME, Holy Spirit.

Replace the tension within us with a holy relaxation.

Replace the turbulence within us with a sacred calm.

Replace the anxiety within us with a quiet confidence

Replace the fear within us with a strong faith.

Replace the bitterness within us with the sweetness of grace.

Replace the darkness within us with a gentle light.

Replace the coldness within us with a loving warmth

Replace the night within us with Your day.

Replace the winter within us with Your spring.

Straighten our crookedness.

Fill our emptiness.

*Dull* the edge of our pride. *Sharpen* the edge of our humil

Sharpen the edge of our humility.

Light the fires of our love.

Quench the flames of our lust.

Let us see ourselves as YOU see us,
That we may see You as You have promised us,
And be bealed according to Your word

#### COME, HOLY GHOST

Come, Holy Ghost, Creator blest
And in our hearts take up Thy rest.
Come with thy grace and heav'nly aid,
To fill the hearts which thou has made
To fill the hearts which thou has made

### CRHP TEAM FORMATION Handout #3

## HISTORY GIVING FAITH SHARING AFFIRMATION

### A. GIVING THE GIFT OF YOURSELF

In the first phase, the members of the team need to take the time to tell about themselves. You can contribute greatly to the development of team spirit by opening yourself to this experience. Share as little or as much as you desire.

- 1. Give your name, the name of your spouse, the ages and names of children, where you live (street), your occupation, how long you have lived in the parish, and the history of your involvement in the life of your present parish.
- Share something about your background and family history — where you grew up, your childhood and youth, your relationship with parents, brothers and sisters, other relatives.
- Briefly sketch your education, employment, vocation and avocations, hobby and interests.
- 4. Tell about some of the significant people and events (successes, failures, growth experiences) in your life.
- 5. Describe your religious roots and your spiritual pilgrimage up to the present, including the most significant spiritual experience in your life.

## B. RECEIVING A GIFT FROM OTHERS

In the second phase, it is important that 2 or 3 members of the team briefly affirm in a positive manner the strengths, talents and gifts recognized in the person who shares. You need not know the person to offer affirmation. Something just shared may allow you to affirm that person.

#### CRHP TEAM FORMATION Handout #2